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# Jujutsu: Essential Tips, Drills, And Combat Techniques (Martial And Fighting Arts)



## **Synopsis**

Explores the myth and reality of Jujutsu, a distinct and effective martial art largely concerned with the locking and immobilization of an opponent's limbs.

## **Book Information**

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Age Range: 12 and up

Grade Level: 7 and up

## **Customer Reviews**

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I have been involved in numerous martial arts (Judo, Jujitsu, Karate-Do, Kendo, Kenjutsu, and Tanto-Jutsu) and self-defense systems (Krav Maga, Street Combatives, and military combatives) for more than 60 years. Even though I am in my senior years I am still interested in reading books on the martial arts and self-defense. I recently purchased this 96 page hard cover book (Jujutsu: Essential tips, drills, and combat techniques by Nathan Johnson) on .Even though I found this book to be a good basic introduction to Jujutsu; nevertheless, it does not cover the many details of the numerous jujutsu arts being practiced around the world. This book also includes techniques actually taught in Karate-Do and Kobudo classes rather than in a classical or even Gracie Jujutsu class. In spite of these flaws I found the illustrations clear and easy to understand. This volume is organized as follows:A basic introduction, what is Jujitsu? Break-falls, striking techniques, joint-locking and

holding techniques, throwing techniques, glossary, clothing and equipment, further reading, useful web sites, about the author and an index. In conclusion I did find this volume interesting in its particular approach to presenting this topic; however, it actually did not cover very many pure jujitsu (How I spell this art) techniques and tactics. Rating: 4 Stars. Joseph J. Truncale (Author: Shotokan Karate Self-Defense Techniques: Combat karate for the street).

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